



Masters of Science in Human Performance & Sport Science

Concentration in Exercise Science

Exercise Science Degree Requirements & Program of Study

1. The M.S. Degree requires a minimum of thirty (30) semester hours of study including nine (9) hours of Major Core courses, nine hours of Concentration Core courses and a Field Experience (Internship or Administrative Practicum). The remaining hours are guided electives chosen from the selected concentration with the consent of advisor.
2. Students who elect to write a thesis or project are encouraged to enroll in HPSS 5120 or HPSS 6020 at least one semester prior to the semester in which they intend to complete work for the degree.
3. Students who choose the non-thesis option must pass a comprehensive examination prior to graduation.
4. Students must maintain a cumulative 3.0 GPA or better to remain in good standing.

EXERCISE SCIENCE

Major Core - (9 hours)

EDAD 5110	Research and Statistics	3
HPSS 5050	Sports and School Law	3
HPSS 5130	Tech. Cog. & Kin. App.	3

Concentration Core - (9 hours)

HPSS 5010	Intro. to Epidemiology	3
HPSS 5350	Adv. Exercise Physiology	3
HPSS 5370	Fitness Eval. & Assessment	3

Exercise Science Guided Electives - as Approved by Advisor

HPSS 5310	Aging & Wellness	3
HPSS 5320	Wellness for Special Populations	3
HPSS 5330	Sports Psychology	3
HPSS 5360	Body Composition & Assessment	3
HPSS 5400	Athletic Injury and Evaluation	3
HPSS 5470	Sports Nutrition	3
HPSS 5600	Sport Facilities Design & Mgt	3
HPSS 5700	Special Topics	3
HPSS 5910	Independent Study	3
HPSS 5920	Administrative Practicum	3
HPSS 6020	Project	3

Required Exercise Science Internship

Students are required to complete 225 clock hours of on-site field experience and practice during the semester of internship experience: HPSS 5930 Internship.