

# KENNEDI PARKS, M.A.

## CURRICULUM VITAE

3500 John A. Merritt Boulevard  
Nashville, TN 37209  
Kparks20@my.tnstate.edu | (901)-220-3946

### EDUCATION

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**TENNESSEE STATE UNIVERSITY**, Anticipated Graduation: 2028  
Ph.D. Counseling Psychology (APA Accredited)

**FISK UNIVERSITY**, May 2024  
Master of Arts in Psychology  
Thesis: *Promoting Mental Well-Being: The Essential Role of Self-Care Practices in Reducing Anxiety and Depression among Young Adults*  
Advisor: Sheila Peters, Ph.D.

**MISSISSIPPI STATE UNIVERSITY**, May 2022  
Bachelor of Science in Psychology  
Minors in Cognitive Science

### PROFESSIONAL AWARDS AND HONORS

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**COMMENCEMENT SPEAKER**, May 2024  
*Fisk University*

- Commencement speaker for the graduate class

**VENTURE CATALYST BRICK & MORTAR WINNER**, May 2022  
*Center for Entrepreneurship & Outreach*  
Mississippi State University

- Recognized for a series of elevator pitches showcasing the mission of my small business
- Awarded \$9,000 through a competitive selection process

### CLINICAL EXPERIENCE

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**INTERN**  
*Monroe Harding*, Nashville, Tennessee, 2023-2024

- Conducted initial assessments, formulated diagnoses, and developed individualized treatment plans
- Provided a safe and supportive environment
- Assisted clients in accessing educational resources, job opportunities, and community support services
- Maintained detailed clinical documentation
- Collaborated with multidisciplinary teams, including social workers and case managers

**INTERN**  
*Fisk Counseling Center*, Nashville, Tennessee, 2023-2024

- Conducted initial assessments, formulated diagnoses, and developed individualized treatment plans
- Provided a safe and supportive environment
- Maintained detailed clinical documentation

### RESEARCH EXPERIENCE

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**RESEARCH TEAM**, 2024—PRESENT  
*Dr. R's Research Team*  
Tennessee State University  
Dr. Brooke Rappaport

- Collaborate with peers and professionals on relevant research

- Assist in research study design

#### **RESEARCH ASSISTANT, 2024—PRESENT**

*Behavioral Health in Ohio: Improving Data, Moving Toward Racial & Ethnic Equity: Treatment Services*

Tennessee State University

Dr. Johar Omesh

- Conduct literature reviews, summarize any significant findings
- Design and implement research studies
- Present research findings at conference
- Assist with report writing

#### **MASTER’S THESIS RESEARCH, 2022-2024**

*Promoting Mental Well-Being: The Essential Role of Self-Care Practices in Reducing Anxiety and Depression among Young Adults*

- Developed the research concept, question, hypotheses, and design
- Managed data collection and analysis
- Published relevant findings from research manuscript

#### **UNDERGRADUATE RESEARCH ASSISTANT, 2021-2022**

*Greater Entropy Leads to more Explicit Referential Forms during Language Production*

- Administered assessments utilized in the research study
- Organized data collected
- Assisted with report writing

### **PROFESSIONAL WORKSHOPS**

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#### **SELF-CARE WORKSHOP, SPRING 2025**

*Psychological Department*

Tennessee State University

Nashville, Tennessee

Supervisors: Dr. Rappaport

#### **SELF-CARE WORKSHOP, SPRING 2024**

*Office of First Year Experience*

Tennessee State University

Nashville, Tennessee

Supervisors: Dr. Toni Kelly

### **TEACHING EXPERIENCE**

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#### **GRADUATE TEACHING ASSISTANT, SPRING 2025- PRESENT**

*PSY-2125 – Introductory Research Methods*

Department of Psychology, Tennessee State University

Supervisor: Dr. Johar Omesh

- Evaluate assignments while providing constructive feedback
- Monitor attendance and participation in group activities

#### **GRADUATE TEACHING ASSISTANT, FALL 2024**

*PSY-6170 – Intellectual Assessment*

Department of Psychology, Tennessee State University

Supervisor: Dr. Tonya McKoy

- Created visual aids for concepts learned in lecture
- Acted as a participant when needed
- Evaluated discussions created by students of the class

## PROFESSIONAL PRESENTATIONS

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Omesh, Johar & **Parks, Kennedy.** (2025) Behavioral Health in Ohio Improving Data, Moving Toward Racial and Ethnic Equity: Treatment, Prevention, and Recovery Services. Accepted at the 71<sup>st</sup> Annual Southeastern Psychological Association in Atlanta, Georgia.

## MANUSCRIPTS

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**Parks, K** & Rappaport, B. (in preparation) *The Little Red Engine Who Did Not Know She Could: An Autoethnography*

## COMMUNITY OUTREACH

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### GREAT BEGINNINGS CHILDCARE

*Afterschool Tutor*

Memphis, TN

### THE NASHVILLE LAUNCH PAD, 2024 - 2025

*Emergency Shelter Volunteer*

Nashville, TN

### THE SELF-CARE PROJECT, 2023

*K.P. Candle & Co.*

Nashville, TN

### MONROE HARDING, 2023

*Volunteer*

Nashville, TN

### TOM JOY ELEMENTARY, 2022-2023

*Third Grade Volunteer*

Nashville, TN

### BRICKFIRE, 2019—2022

*Afterschool Program*

Starkville, MS

### YOUTH VILLAGES, 2018

*Afterschool Program*

Memphis, TN

### MEMPHIS FOOD BANK, 2017—PRESENT

*Volunteer*

Memphis, TN

## EMPLOYMENT

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### CEO/FOUNDER

*K.P. Candle & Co., Nashville, Tennessee, 2022--- PRESENT*

### CLINICAL THERAPIST INTERN

*Monroe Harding, Nashville, Tennessee, 2024*

### WELLNESS ADVISOR

*YogaSix Green Hills*, 2022-2023  
Nashville, Tennessee

**LEASING AGENT**

*The Vista*, 2021-2022  
*Aspen Heights*, 2021  
Starkville, Mississippi

**SALES ASSOCIATE**, 2020-2021

*Hibbett Sports*  
Starkville, Mississippi

**PROFESSIONAL AFFILIATIONS**

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**Southeastern Psychological Association**, 2024 - PRESENT  
**Division 1, the Society for General Psychology**, 2024 - PRESENT  
**Division 55: Society for Prescribing Psychology**, 2024 - PRESENT  
**Psi Chi**, 2024 - PRESENT  
**The Association of Black Psychologists**, 2022 - PRESENT  
**American Psychological Association**, 2022 - PRESENT  
**Alpha Kappa Alpha Sorority, Incorporated**, 2019- PRESENT