

Nafis Ricks

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EDUCATION

Ph.D Aug 2028 Emphasis: Counseling Psychology
Tennessee State University | Nashville, Tennessee

Masters of Arts & Human Development May 2023 Emphasis: Creative and Innovative Education
Georgia State University | Atlanta, Georgia

Masters of Education & Human Development Aug 2022 Emphasis: Clinical Mental Health Counseling
Georgia State University | Atlanta, Georgia

Master of Education: Educational Leadership and Counseling Psychology May 2020
Emphasis: Positive Coaching
University of Missouri | Columbia, Missouri

Bachelor of Science in Criminology May 2011 Minor: Sociology
Missouri State University | Springfield, Missouri

Associate of Science in General Studies May 2009 Emphasis: Sociology
Johnson County Community College | Overland Park, Kansas

Clinical

Decatur Highschool **Internship 2024**

Georgia State University | Decatur, Georgia

- Provided direct mental health services, including intake assessments, treatment planning, treatment planning, therapy (Individual, group) crisis intervention.
- Maintains and monitors caseload through daily reports (MHP Caseload Compliance in Credible) ensure time.
- Submit Daily Progress notes and safety/Incidents reports in accordance with policy guidelines.

The Gambling Clinic 2025

Memphis, Tennessee

- Provided direct mental health services, including intake assessments, treatment planning, treatment planning, therapy (Individual, group) crisis intervention.
- Provided Evidence- Based Therapy: (CBT) approached was back by extstensize research for treating gambling addiction
- Submit Daily Progress notes and safety/Incidents reports in accordance with policy guidelines.

PROFESSIONAL EXPERIENCE

Senior Culture Associate, Philadelphia Hebrew Public Charter December 2021-June 2022
Philadelphia P.A.

- Provided coaching, mentoring, support, and resource guidance to the principal and dean
- Ensured the school was running effectively, following school's mission and guidelines
- Maintained consistency, even temperament, judgment free, supported student

FTE Mental Health Professional June 2021 – October 2021 Child Guidance Resource Center
| Havertown, PA

- Facilitate intensive family interventions to adolescents to alleviate maladaptive behaviors
- Coordinate community resources to engage healthy psychosocial emotional development
- Implement positive activities and academic solutions to combat high school dropout rates
- Provide mentorship to youth involved in sport to better balance co-occurring responsibilities (e.g. time management skills, financial literacy skills, emotional support)

Credible Messenger February 2021 – June 2021 Chester Community Charter School |
Philadelphia, PA

- Create and implement an emotionally safe environment for youth
- Facilitate and encourage conflict resolution skills and positive social- emotional behavior
- Advise and discipline students with disruptive conduct behavior
- Practice relationship building strategies with identified “high-needs” students

Graduate Assistant, Men's Basketball August 2018 – May 2020 University of Missouri
| Columbia, MO

- Assisted the Head Coach with administrative duties, and NCAA compliant recruitment
- Created mental health seminar to provide players the skills and resources
- Evaluated prospective student-athletes through game, showcase, and video observation

Assistant Facilitator August 2016 – August 2018 Southwest Leadership Academy |
Philadelphia, PA

- Developed teachers plans, assisted lead instructor, and utilized a variety of instruction
- Used consistent school-wide practices and individualized methods to engage students
- Implemented a coherent, research-based curriculum in consultation with Administration

School Support Officer October 2015 – June 2016 Boys Latin Middle School | Philadelphia,
PA

- Provided coaching, mentoring, support, and resource guidance to the principal and dean
- Ensured the school was running effectively, following school's mission and guidelines
- Maintained consistency, even temperament, judgment free, supported student

COUNSELING EXPERIENCE

Adolescent Behavioral Counselor July 2015 – August 2016 Capital Academy | Camden, NJ

- Offered services on anger management, depression, stress, and addiction • Planned therapy to promote mental health development
- Collaborated with other professionals for developing more effective therapy

Youth Mentor August 2012 – May 2013 Elwyn Institute | Philadelphia, PA • Supervised and assisted youth with daily living activities to encourage self-sufficiency • Developed behavioral improvement plans for youth engaged in behavioral treatment • Empowered youth to resolve current issues and to develop coping strategies for the future

RESEARCH

Graduate Research Assistant 2022 Clinical Mental Health Counseling

Georgia State University | Atlanta, Georgia

Title: Equipping the aging network to address social isolation, among older adults during covid Project Supervisor Dr. Laura Shannonhouse

- Call and recruit new clients
- Ongoing data collection
- Coding transcripts

Research Assistant

Educational, School, and Counseling Psychology Department **2019** University of Missouri | Columbia, MO

Title: Critical Consciousness in the Context of Education and Research

Supervisor: Project Supervisor Dr. Christopher Slaten

- Collaborated with research team to understand disparities on first generation students • Conducted literature review on the topic
- Analyzed data with research team to collect stats to present

Research Assistant

Missouri Prevention Center

University of Missouri | Columbia, MO

Exploring Cultural Practices in Schools Research Supervisor:

Project Supervisor Dr. David Aguillo

- Met weekly with team to plan research project
- Conducted observations in the classroom
- Participated in focus group regarding cultural practice

GUEST SPEAKING ENGAGEMENTS

Conference Missouri| Columbia, Missouri August 2020 • Provided 120 Mizzou alumni with tools to implement in work

- Presented and gave personal perspective about education
- Offered resources and tips for a better working environment

Inclusive Impact Conference Virtual | Columbia, MO August 2020 • “*Be Cautious, I’m Walking Black*”

- Shared personal experience on how I adjusted to college and code switching • Offered new tips about how to integrate Black students into PWI’s

TedTalkX

West Middle School | Columbia, MO March 2020 • Removing the stigma of mental illness amongst black men

- Educating youth about not suppressing their emotions in the inside

Positive Psychology (Dr. Holliday) July 2019 University of Missouri | Columbia, MO •
Shared my personal experience as a student-athlete and provided guidance on life skills •
Presented on the mental health aspects of being a first-generation college student athlete •
Normalize stigmas and offered advice how to balance school and athletics

PROFESSIONAL ORGANIZATION MEMBERSHIP

Counseling Brothers of Atlanta **2022** American Counseling Association **2022** Association of Applied Sports Psychology **2021** American Psychological Association **2019** Tiger Leadership Institute **2019** We Feed The Homeless Volunteer and Donate **2015** Attract Philly Volunteer for Annual Samaritan's Feed the Homeless Drive **2014**

CONFERENCES

Black Student Athlete Summit Los Angeles 2022

Association for Applied Sport Psychology 2019 Portland, Oregon

NCAA Final Four 2018, 2019 Minneapolis, Minnesota (2019)
Phoenix, Arizona (2018)

PROFESSIONAL AND CIVIC INVOLVEMENT

The Food Bank for Central & Northeast Missouri 2018 – 2019 Columbia, MO

Big Brothers Big Sisters 2007 – 2019 Springfield, MO
Columbia, MO

Ronald McDonald House 2018 Columbia, MO

Professional Basketball Player 2012 – 2014