

PRINCESSE A. HAWKINS

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EDUCATION

Tennessee State University

August 2019 - May 2023

Nashville, Tennessee

Bachelor of Health Sciences; Concentration: Physical Sciences | GPA: 3.8

Honors: Dean's List, Tennessee State University Honors College, National Society of Leadership and Success

Tennessee State University, Nashville, TN

May 2023 - Present

Doctor of Physical Therapy

Certifications: CPR and AED of Adults and Children, and Bloodborne Pathogens Training

Skills: Conflict Resolution, Fluent in English, Microsoft Office

WORK HISTORY

Monell's at the Manor - Host

June 2019 - August 2019

Nashville, TN.

- Greet and seat guests, while managing the seating chart
- Monitor restaurant activity to determine seating and dining flow
- Respond to guest inquiries and request in a timely, friendly, and efficient manner
- Complete calculations for sales receipts and inventory

Old Navy - Sales Associate

August 2021 - May 2023

Nashville, TN.

- Before class I went to work at 6am to assist the morning truck team
- Truck team member, and I stock the store with new inventory
- Help the store maintain a neat condition
- Respond to customer inquiries to assist them with purchases

EXTRACURRICULAR ACTIVITIES & LEADERSHIP

Freshmen Innovation Council

- Council met weekly to discuss involvement opportunities, and innovative ways of enhancing Freshmen life on campus
- Assisted with hosting a study night for all TSU students during finals week
- Created a video bringing awareness to sexual assault for Denim Day

The National Society of Leadership and Success

- Society centered around building business relationships to support undergraduate transition to graduate life
- Served as a general member

African Student Association

- Hosted events promoting cultural heritage and encouraging diversity
- Assisted in hosting numerous game nights, pertaining to African culture and facts
- Served as Secretary

Impressions of Beauty Ambassador

- Partnered with several beauty brands to introduce products to students on campus through events, sampling, and more
- Served as general member of Campus Outreach Committee
- Assisted with planning fun and engaging monthly events for the student body and ambassador team

The Student Election Commission

- Assisted with facilitating the election process for the student body
- Co-chair for facilitating the voter's registration drives for the student body
- Served as Recording Secretary and Chair for the Decorations Committee

Member of Alpha Psi Chapter of Alpha Kappa Alpha Sorority, Incorporated

- I am an active member of Alpha Kappa Alpha Sorority, Inc.
- Served as Technology Chair for the 2022 - 2023 academic year
- Served as Assistant Treasurer for 2022 - 2023 academic year
- I was awarded "Academic Hall of Excellence" for my scholastic achievements for the 2021-2023 academic year
- Planned community outreach events for the student body

Physical Therapy Association for the Future (PTAF)

- Served as the President of the organization for 2021-2023 academic year
- Provided undergraduate students with in-depth information about Physical Therapy
- I organized and co-hosted monthly meetings
- Gave guest speakers an opportunity to provide mentorship to undergraduate students, including DPT students and Physical Therapists
- Served as Secretary

AWARDS AND HONORS

POTUS Fellowship with Tennessee State University

May 2023 - May 2026

- Co-presented "Meeting the Challenge: Evaluating Tennessee's Preparedness for Increased Demand in Pelvic Health Physical Therapy" at the 46th Annual TSU-Wide Research Symposium, Nashville, TN.
- Collaborated with peers to present a project at Nashville Collegiate Prep, discussing PT school requirements, sharing personal experiences, and demonstrating patient ambulation with assistive devices.

COMMUNITY SERVICE

Joy Church International - *Media Team Member*

October 2015 - Present

Mt. Juliet, TN

- Assist with creating videos that our Pastor uses to minister to the community of Mt. Juliet, TN
- Assist with production of sound and footage for production team

Second Harvest Food Bank of Middle Tennessee - Food Sorting
Nashville, TN.

January 2021 - Present

- Created over two-thousand (2,000) meals for families
- Packed over one hundred (100) lunches for elementary students
- Cleaned and sorted frozen food

Richland Headstart and Engagement - Volunteer
Nashville, TN.

September 2022 - May 2023

- Assisted with serving children their meals
- Sanitized surfaces
- Assisted with delivering lesson plans to children

RELEVANT EXPERIENCE

Summer Health Professions Education Program (SHPEP) - Scholar (150 hrs.) June - July 2021
Columbia University

- Participated in a six (6) week General Chemistry course
- Attended workshops on field of Physical Therapy and disparities in healthcare
- Participated in physical therapy treatment simulations

Middle Tennessee Homes DIDD - Physical Therapy Observer
Nashville, TN.

(4 Hours) December 2021

- Examined the evaluation of patients in an inpatient setting and discussed proper treatment for a wide range of conditions including scoliosis and acute back pain
- Observed professionals deliver skilled interventions to adults
- Assisted with seating assessments and lifts

Middle Tennessee Seating & Positioning Clinic. - Physical Therapy Observer
Nashville, TN.

(5 Hours) December 2021

- Assisted with comprehensive evaluations of seating and alternate positioning needs
- Learned how to cast molds
- Assisted in therapy services, such as lifts and seating adjustments
- Learned how to operate power wheelchairs

Results Physiotherapy - Physical Therapy Observer
Nashville, TN.

(20 Hours) March - May 2022

- Ensured equipment was operational and sanitized
- Examined the evaluation and treatment of patients in an outpatient setting
- Discussed proper treatment for a wide range of neurological conditions including Parkinson's and strokes

Rehab Etc. - Physical Therapy Observer
Nashville, TN.

(71 Hours) May - July 2022

- Ensured equipment was operational and sanitized
- Examined the evaluation and treatment of patients in an outpatient setting
- Discussed proper treatment for a wide range of orthopedic conditions including torn meniscus and rotator cuff injuries