

# Taliyah Morgan, SPT

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## EDUCATION

### Tennessee State University (3.97 GPA)

Doctor of Physical Therapy

Nashville, TN

June 2024-

### Middle Tennessee State University (3.8 GPA)

B.S., Health and Human Performance

Major: Exercise Science

Magna Cum Laude

Murfreesboro, TN

August 2019-May 2022

## PROFESSIONAL DEVELOPMENT

### Pathway Project Summer Institute

The University of Georgia

June 6-8, 2025

- Collaborated with an Occupational Therapy student, Speech-Language Pathologist, and an educator in Early Childhood Special Education on a case study to enhance my skills in working with and supporting children with complex needs across developmental areas
- Attended lectures and presentations on medically fragile infants and toddlers at home, feeding and eating, deafblindness, and positioning and mobility.

### Seminars Attended

- Pediatrics Residencies with Dr. Elisha Li (6/14/25)
- Pain Games: Virtual Reality As a Treatment for Pediatric Pain with APTA (2/13/25)
- How Physical Therapists and Athletes Can Get Involved in Adaptive Sports for People with Disabilities with APTA (2/14/2025)
- Building a Female Athlete Care Team: A Multidisciplinary Approach with APTA (2/13/25)
- Pediatrics Residencies with Dr. Elisha Li (6/14/25)
- Emotional Intelligence in Physical Therapy with Mike Gaudette (9/28/24)
- The Intentional Relationship Model with Jennifer Boyette (11/13/24)
- Clinical Electrophysiology with Dr. Dimitrios (08/26/24)
- Cardiovascular and Pulmonary Physical Therapy with Dr. Caitlyn Davies (2/8/25)
- Intro to Pelvic Health with Dr. Bridget Ochuko (3/21/25)
- Sports Physical Therapy (4/19/25)

## LEADERSHIP AND EXTRACURRICULAR ACTIVITIES

Tiger Community Rehab Clinic Coordinator

November 2024-

POTUS Fellow

September 2024-

Tiger Steps Mentorship Program

February 2024-

APTA Liaison/Legislative Chair

July 2024-

## PROFESSIONAL EXPERIENCE

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### **Research Assistant**

Tennessee State University

Nashville, TN

September 2024-

- Working alongside faculty research advisor on lack of minority students entering TSU's Physical Therapy program and the barriers associated with the lack of submitted applications from minority students

### **The Exercise Coach**

*Certified Personal Trainer*

Murfreesboro, TN

July 2022-February 2024

- Performed initial client consultations to evaluate goals and expectations for individual clients.
- Prescribed exercise programs specifically customized for each client.
- Carried out administrative work such as scheduling clients and entering new client information and waivers into the computer system.
- Demonstrated high sale conversion rates after initial client consultations.

### **MPower Physical Therapy**

*Physical Therapy Technician*

Franklin, TN

December 2021- July 2022

- Assisted patients through exercise during physical therapy sessions prescribed by physical therapist.
- Cleaned and prepared treatment areas and equipment before and after sessions.
- Organized and pull patient charts for next day.
- Occasionally assisted in clerical tasks, such as making phone calls to patients and scheduling patients.

### **Planet Fitness**

*Member Services Representative*

Murfreesboro, TN

September 2019- December 2021

- Facilitated needed updates to member's accounts.
- Responded to member questions and concerns in a timely and professional manner and elevated to Assistant Manager or Club Manager as needed.
- Assisted in maintaining the neatness and cleanliness of the club.
- Greeted members, prospective members, and guests, providing exceptional customer service.

## RESEARCH EXPERIENCE

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### **Middle Tennessee State University**

*Student Researcher, Exercise Science*

Murfreesboro, TN

August-December 2021

- Researched the effects of pre-workout consumption.
- Survey based research study; collected research data in groups.
- Collectively wrote a research article with the help of professor.

## HONORS & AWARDS

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| President's List                                | 2018      |
| Dean's List                                     | 2019-2022 |
| Health and Human Performance Senior Honor Award | 2022      |
| Magna Cum Laude                                 | 2022      |

## ORGANIZATIONS

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| <i>Delta Sigma Theta Sorority, Inc.</i>  | April 2022-Present   |
| <ul style="list-style-type: none"><li>• Rutherford Country Alumnae Chapter, Delta GEMS/Academy Committee</li><li>• Iota Tau Undergraduate Chapter at MTSU</li></ul>                  |                      |
| <i>MTSU Black Student Union</i>  | August 2021-May 2022 |
| <ul style="list-style-type: none"><li>• Organized/planned campus events and partnered with other clubs on campus to facilitate volunteer and campus involvement.</li></ul>           |                      |
| <i>MTSU Black Student Creatives Collective</i>   | August 2021-May 2022 |
| <ul style="list-style-type: none"><li>• Participated in food and clothing drives on campus.</li><li>• Created and planned events on campus to attract prospective members.</li></ul> |                      |

## COMMUNITY SERVICE

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| <b>HOSA International Leadership Conference</b>  | Nashville, TN          |
| Volunteer Physical Therapy Judge   | June 2025              |
| <ul style="list-style-type: none"><li>• Co-judged high school students performing skills such supine-to-sit transfers and passive range of motion at the shoulder based on judging guidelines established after the requirement of my attendance in a judging orientation prior to the competition</li></ul> |                        |
| <b>Celebration of the Young Child</b>  | Nashville, TN          |
| <i>DPT Department</i>  | October 23, 2024       |
| <ul style="list-style-type: none"><li>• Set up games and activities for 300 preschoolers</li><li>• Assisted with parachute play and ensured participation safety</li></ul>   |                        |
| <b>Tom Joy Elementary Screening Event</b>  | Nashville, TN          |
| <i>DPT Department</i>  | August 28, 2024        |
| <ul style="list-style-type: none"><li>• Screened for developmental milestones in preeschoolers and kindergarteners by getting them to perform ball kicks, hops, skips, tip-toe stands, etc.</li></ul>  |                        |
| <b>Zion Christian Ministries</b>   | Murfreesboro, TN       |
| <i>Z-Fit Workout Classes, Events Team Ministry</i>   | February 2024- Present |
| <ul style="list-style-type: none"><li>• Organized and led free workout classes for church members and community.</li><li>• Informed participants on health and nutrition.</li></ul>  |                        |
| <b>Delta Sigma Theta Sorority, Inc.</b>  | Murfreesboro, TN       |
| <i>Delta GEMS/Academy</i>  | January 2024- Present  |
| <ul style="list-style-type: none"><li>• Provided structured learning activities for 9–17-year-old African American young women that focus on topics such as self-esteem, empowerment, education,</li></ul>   |                        |

community/public service, leadership skills, healthy eating and exercising, and enhancing their talents and interests.

## INTERNSHIP

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| <b>Innate Performance</b><br><i>Strength and Conditioning Intern</i> | Nashville, TN<br>June 2024- |
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| <b>Upscale Evolution Fitness</b><br><i>350 Hour Personal Training Internship</i> | Murfreesboro, TN<br>January-May 2022 |
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- Helped with the setup of exercise equipment needed for each training session as well as cleaning the equipment after each use.
- Assisted with correcting the exercise forms of each client to help prevent possible injuries.

## CERTIFICATIONS

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| <b>Basic Life Support Provider</b> | June 2025 |
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| <b>Certified Exercise Coach</b><br><i>The Exercise Coach</i> | July 2022 |
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| <b>Certified Personal Trainer</b><br><i>Action-CPT</i> | April 2022 |
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| <b>Adult, Child, Infant CPR/AED Certification</b><br><i>Emergency Care and Safety Institute</i> | September 2021 |
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