

Taliyah Morgan, SPT

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EDUCATION

Tennessee State University (4.0 GPA)

Doctor of Physical Therapy

Nashville, TN

June 2024-

Middle Tennessee State University (3.8 GPA)

B.S., Health and Human Performance

Major: Exercise Science

Magna Cum Laude

Murfreesboro, TN

August 2019-May 2022

RESEARCH EXPERIENCE

Middle Tennessee State University

Student Researcher, Exercise Science

Murfreesboro, TN

August-December 2021

- Researched the effects of pre-workout consumption.
- Survey based research study; collected research data in groups.
- Collectively wrote a research article with the help of professor.

PROFESSIONAL EXPERIENCE

The Exercise Coach

Certified Personal Trainer

Murfreesboro, TN

July 2022-February 2024

- Performed initial client consultations to evaluate goals and expectations for individual clients.
- Prescribed exercise programs specifically customized for each client.
- Carried out administrative work such as scheduling clients and entering new client information and waivers into the computer system.
- Demonstrated high sale conversion rates after initial client consultations.

MPower Physical Therapy

Physical Therapy Technician

Franklin, TN

December 2021- July 2022

- Assisted patients through exercise during physical therapy sessions prescribed by physical therapist.
- Cleaned and prepared treatment areas and equipment before and after sessions.
- Organized and pull patient charts for next day.
- Occasionally assisted in clerical tasks, such as making phone calls to patients and scheduling patients.

Planet Fitness

Member Services Representative

Murfreesboro, TN

September 2019- December 2021

- Facilitated needed updates to member’s accounts.
- Responded to member questions and concerns in a timely and professional manner and elevated to Assistant Manager or Club Manager as needed.
- Assisted in maintaining the neatness and cleanliness of the club.
- Greeted members, prospective members, and guests, providing exceptional customer service.

LEADERSHIP AND EXTRACURRICULAR ACTIVITIES

POTUS Fellow September 2024-
 APTA Liaison/Legislative Chair July 2024-

HONORS & AWARDS

President’s List	2018
Dean’s List	2019-2022
Health and Human Performance Senior Honor Award	2022
Magna Cum Laude	2022

ORGANIZATIONS

<i>Delta Sigma Theta Sorority, Inc.</i>	April 2022-Present
<ul style="list-style-type: none"> • Rutherford Country Alumnae Chapter, Delta GEMS/Academy Committee • Iota Tau Undergraduate Chapter at MTSU 	
<i>MTSU Black Student Union</i>	August 2021-May 2022
<ul style="list-style-type: none"> • Organized/planned campus events and partnered with other clubs on campus to facilitate volunteer and campus involvement. 	
<i>MTSU Black Student Creatives Collective</i>	August 2021-May 2022
<ul style="list-style-type: none"> • Participated in food and clothing drives on campus. • Created and planned events on campus to attract prospective members. 	

COMMUNITY SERVICE

Zion Christian Ministries	Murfreesboro, TN
<i>Z-Fit Workout Classes, Events Team Ministry</i>	February 2024- Present
<ul style="list-style-type: none"> • Organized and led free workout classes for church members and community. • Informed participants on health and nutrition. 	

Delta Sigma Theta Sorority, Inc.	Murfreesboro, TN
<i>Delta GEMS/Academy</i>	January 2024- Present
<ul style="list-style-type: none"> • Provided structured learning activities for 9–17-year-old African American young women that focus on topics such as self-esteem, empowerment, education, community/public service, leadership skills, healthy eating and exercising, and enhancing their talents and interests. 	

MTSU Student Recreation	Murfreesboro, TN
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Triathlon Volunteer

April 2022

- Assisted 267 triathlon participants with directions as they cycled/ran throughout the campus map for the entire duration of the event up until the very last participant crossed the finish line.
- Handed out snacks and beverages for the participants.

INTERNSHIP

Innate Performance

Strength and Conditioning Intern

Nashville, TN

June 2024-

Upscale Evolution Fitness

350 Hour Personal Training Internship

Murfreesboro, TN

January-May 2022

- Helped with the setup of exercise equipment needed for each training session as well as cleaning the equipment after each use.
- Assisted with correcting the exercise forms of each client to help prevent possible injuries.

CERTIFICATIONS

Certified Exercise Coach

The Exercise Coach

July 2022

Certified Personal Trainer

Action-CPT

April 2022

Adult, Child, Infant CPR/AED Certification

Emergency Care and Safety Institute

September 2021