



The Harold R. Mitchell Speech & Language Clinic is now offering Parkinson Voice Project's SPEAK OUT!® Therapy Program

Tennessee State University is pleased to announce the SPEAK OUT! Therapy Program is now available through the Harold R. Mitchell Speech & Language Clinic.

The SPEAK OUT!® Therapy Program, developed by Parkinson Voice Project®, helps people with Parkinson's and related neurological disorders regain and retain their speech and swallowing. This highly effective, evidence-based treatment combines education, individual and group speech therapy, daily home practice, and continuous follow-ups. Patients are empowered to "speak with INTENT," transitioning speech from an automatic function to an intentional act.

"Up to 90% of people with Parkinson's are at risk of losing their ability to speak. In addition, swallowing complications account for 70% of the mortality rate in this patient population. Our vision at Parkinson Voice Project is to make quality speech therapy accessible to people with Parkinson's worldwide," said Samantha Elandary, Parkinson Voice Project's Founder and Chief Executive Officer.

About Parkinson Voice Project

Parkinson Voice Project is a 501(c)(3) nonprofit organization solely dedicated to helping people with Parkinson's regain and retain their speech and swallowing. The organization provides SPEAK OUT! Workbooks, online SPEAK OUT! Home Practice Sessions, and a weekly Parkinson's Sing-Along to complement the speech therapy they will receive at the Harold R. Mitchell Speech & Language Clinic. The organization is headquartered in Richardson, Texas, and has trained over 10,000 clinicians in more than 40 countries. For information, visit www.ParkinsonVoiceProject.org.